



# PHAT CHECK

YOU ARE HERE ON PURPOSE  
[www.inbetweenfantastic.com](http://www.inbetweenfantastic.com)



Lack clarity and control in your everyday work?

Want to take back control?

If you're ready to  
discover what's

*In Between*

you and your

*Fantastic*

journey, then

let's begin...



# PHAT CHECK



**P** POSITION

**H** HARD FACTS

**A** ARTICULATE

**T** TRANSFORM

YOU ARE HERE ON PURPOSE  
[www.inbetweenfantastic.com](http://www.inbetweenfantastic.com)

# PHAT CHECK



## P POSITION

Position where you are currently and why you are here...

What's your current *In Between* position?

In Between	Pro's	Con's

YOU ARE HERE ON PURPOSE

[www.inbetweenfantastic.com](http://www.inbetweenfantastic.com)

# PHAT CHECK



## H HARD FACTS

How does this show up for you?

List your successes and achievements.

How	When	What

# PHAT CHECK



## A ARTICULATE

Tell me more about it. What else?

Feel	Felt	Found

# PHAT CHECK



# T TRANSFORM

Transformation takes time.

How much time are you willing to invest?

Daily	Weekly	Monthly

# PHAT CHECK



Why now?

## MOTIVATED TO MOVE SCALE

1 2 3 4 5

YOU ARE HERE ON PURPOSE  
[www.inbetweenfantastic.com](http://www.inbetweenfantastic.com)



What next?



## 30minute FREE Discovery Call

Upon completion of the PHIT CHECK book a  
30 minute FREE Discovery Call

OR

Email Emma at In Between Fantastic

[emma@inbetweenfantastic.com](mailto:emma@inbetweenfantastic.com)

[www.inbetweenfantastic.com](http://www.inbetweenfantastic.com)